

# Pharmacy

Sign up for the Prescription Mail Service from CDPHP® and have your maintenance medication or diabetic supplies delivered directly to your home or office.

If you have a prescription drug rider and take certain maintenance drugs used to treat chronic conditions, you may qualify for this terrific service, offered through Caremark®, our pharmacy benefit manager.

## Q: What is covered?

- A:
- Maintenance drugs, defined as medications taken regularly to treat or prevent a chronic health condition such as, but not limited to, high blood pressure, diabetes, and asthma.\*
  - Diabetic supplies as mandated by New York state and subject to appropriate medical copayment. (The prescription drug rider is not required for diabetic supplies.)

## Q: How do I sign up?

A: Just follow three simple steps:

1. Obtain a written prescription from your physician for a 90-day supply of your maintenance drug, and refills, if appropriate. Prescriptions written for less than a 90-day supply cannot be modified by Caremark and will be filled as written.
2. Complete the Caremark Mail Service Order Form. Please be sure to complete the Plan Participant Information/Health History section, New Prescription Information, and Shipping/Payment Information.

3. Send the form, the prescription and the appropriate payment to:

Caremark  
PO Box 2110  
Pittsburgh, PA 15230-2110

You should receive your medication in approximately 14 days.

## Q: How much does it cost?

A: Your cost depends on the benefit package selected by your employer. Please check your benefit summary for the specifics of your drug coverage.

## Q: What if my prescription changes?

A: Any time your prescription changes (drug, strength, directions, etc.), you should obtain a new written prescription from your physician to send to Caremark.

## Q: Is there another way to order refills?

A: You can order refills at [www.Caremark.com](http://www.Caremark.com) or by calling 1-888-292-6330. Please be sure to follow the instructions carefully.

## Any questions?

If you are a CDPHP member, and you have questions about your specific order, call Caremark at 1-888-292-6330. For general information about the program, go to [www.cdphp.com](http://www.cdphp.com) or call the CDPHP member services department at the number on your ID card.

\* Specialty pharmacy agents, including injectables and certain drugs used to treat hepatitis C, HIV, multiple sclerosis, and other serious conditions, are not eligible for this program.