

Capital District Physicians' Health Plan, Inc.

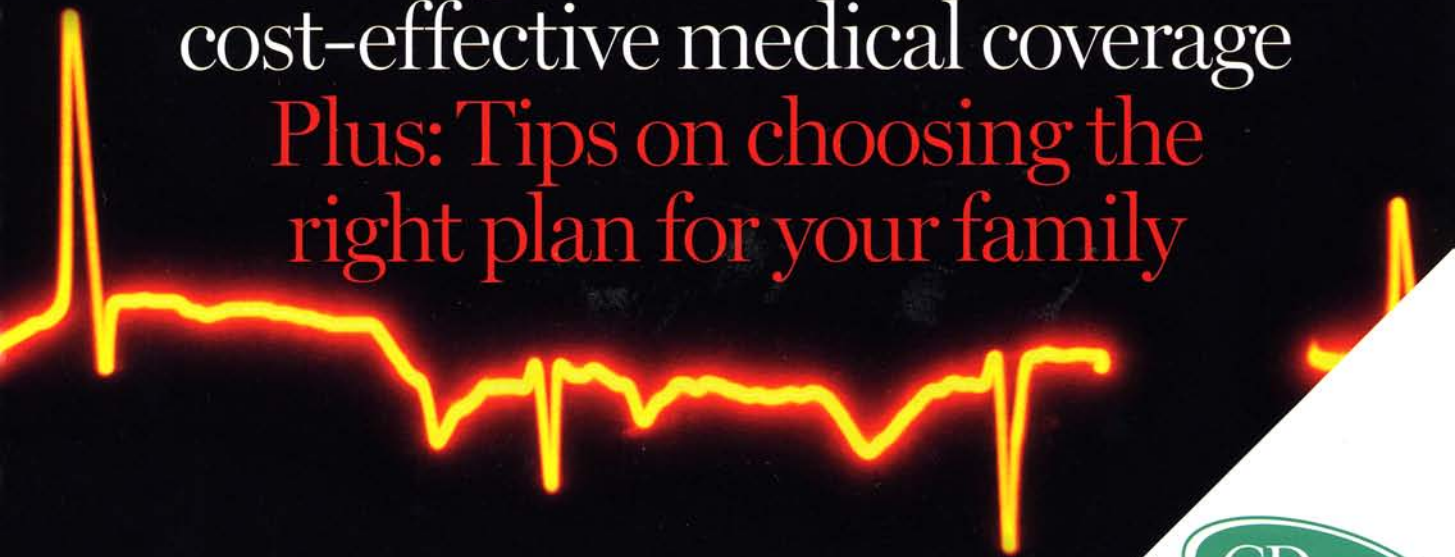


EXCLUSIVE RANKINGS

AMERICA'S BEST HEALTH PLANS

Where to get the most reliable and cost-effective medical coverage

Plus: Tips on choosing the right plan for your family



Commercial Plans

Rank	Plan	Score	State	Type	Web address
1	Harvard Pilgrim Health Care	93.2	Maine, Mass.	HMO/POS	www.harvardpilgrim.org
2	Tufts Associated Health Maintenance Organization	92.7	Mass., N.H., R.I.	HMO/POS	www.tufts-healthplan.com
3	Harvard Pilgrim Health Care of New England	92.4	N.H.	HMO/POS	www.harvardpilgrim.org
4	Blue Cross and Blue Shield of Massachusetts	91.4	Mass.	HMO/POS	www.bluecrossma.com
5	Capital District Physicians' Health Plan	90.8	N.Y.	HMO/POS	www.cdphp.com
6	ConnectiCare	90.7	Conn.	HMO/POS	www.connecticare.com
7	UPMC Health Plan	90.7	Pa.	HMO/POS	www.upmchealthplan.com
8	Group Health Cooperative of South Central Wisconsin	90.6	Wis.	HMO	www.ghc-hmo.com
9	Independent Health Association	90.6	N.Y.	HMO	www.independenthealth.com
10	Preferred Care	90.4	N.Y.	HMO/POS	www.preferredcare.org
11	Fallon Community Health Plan	90.0	Mass.	HMO/POS	www.fchp.org
12	Care Choices HMO	89.7	Mich.	HMO	www.carechoices.com
13	Priority Health	89.6	Mich.	HMO	www.priorityhealth.com
14	Health Net of Connecticut	89.6	Conn.	HMO/POS	www.healthnet.com
15	Health New England	89.5	Conn., Mass.	HMO/POS	www.healthnewengland.com

Medicaid Plans

Rank	Plan	Score	State	Type	Web address
1	Neighborhood Health Plan of Rhode Island	90.3	R.I.	HMO	www.nhpri.org
2	Blue Cross & Blue Shield of Rhode Island	89.6	R.I.	POS	www.bcbsri.com
3	Kaiser Foundation Health Plan of Hawaii	88.5	Hawaii	HMO	www.kaiserpermanente.org
4	UnitedHealthcare of New England	88.5	R.I.	HMO	www.uhc.com
5	Independent Health Association	87.3	N.Y.	HMO	www.independenthealth.com
6	Excellus BlueCross BlueShield, Rochester Region	86.9	N.Y.	HMO	www.excellusbcbs.com
7	Capital District Physicians' Health Plan	86.2	N.Y.	HMO	www.cdphp.com
8	UPMC Health Plan	85.9	Pa.	HMO	www.upmchealthplan.com
9	BlueCross BlueShield of Western New York	85.5	N.Y.	HMO	www.bcbswny.com
10	Priority Health	85.1	Mich.	HMO	www.priorityhealth.com
11	M-CARE	84.9	Mich.	HMO	www.mcare.org
12	Molina Healthcare of Utah	84.4	Utah	HMO	www.molinahealthcare.com
13	Blue Plus	84.1	Minn.	HMO	www.bluecrossmn.com
14	Gateway Health Plan	83.6	Pa.	HMO	www.gatewayhealthplan.com
15	Medica	83.5	Minn.	HMO	www.medica.com

Medicare Plans

Rank	Plan	Score	State	Type	Web address
1	Preferred Care	91.2	N.Y.	HMO	www.preferredcare.org
2	Harvard Pilgrim Health Care	90.3	Mass.	HMO	www.harvardpilgrim.org
3	Tufts Associated Health Maintenance Organization	90.1	Mass.	HMO	www.tufts-healthplan.com
4	Capital Health Plan	89.9	Fla.	HMO	www.capitalhealth.com
5	Kaiser Foundation Health Plan of Southern California	89.6	Calif.	HMO	www.kaiserpermanente.org
6	Capital District Physicians' Health Plan	89.4	N.Y.	HMO	www.cdphp.com
7	Fallon Community Health Plan	89.2	Mass.	HMO	www.fchp.org
8	SummaCare	88.8	Ohio	HMO	www.summacare.com
9	Blue Cross and Blue Shield of Massachusetts	88.8	Mass.	HMO	www.bluecrossma.com
10	Kaiser Foundation Health Plan of the Northwest	88.7	Ore.	HMO	www.kaiserpermanente.org
11	Kaiser Foundation Health Plan of the NW (Demo Project)	88.7	Ore.	HMO	www.kaiserpermanente.org
12	Kaiser Foundation Health Plan of Northern California	88.6	Calif.	HMO	www.kaiserpermanente.org
13	Scott and White Health Plan	88.6	Texas	HMO	www.swhp.org
14	Health Alliance Medical Plans	88.5	Ill.	HMO	www.healthalliance.org
15	Excellus BlueCross BlueShield, Rochester Region	88.4	N.Y.	HMO	www.excellusbcbs.com

Note: Plans with the same ranking have identical scores. Other apparent ties in plan scores are due to rounding. All plans are accredited as of Aug. 31, 2006. Source: National Committee for Quality Assurance

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