

Haider Goussous, MD

For nearly four decades, Haider Goussous has been the general surgeon of choice for Capital Region residents. Beloved teacher, innovator, healer, and community leader, Haider first came to Albany as a second-year surgical resident at St. Peter's Hospital, after which he went on to pursue a master's degree in biomedical sciences at Rensselaer Polytechnic Institute in Troy.

Haider received his medical degree from the University of Cairo in Egypt and then interned at government hospitals in Irbid and Jericho, Jordan. He completed a vascular research fellowship at the Veteran's Administration Hospital in Albany and later joined Albany Surgery Associates, where he now serves as president.

He has taught surgical residents for over 30 years, earning him recognition as St. Peter's Hospital Physician of the Year in 1999. Over the years, he has also shared his expertise – and the many innovative surgical techniques he has pioneered – with his physician peers.

Haider has accomplished many “firsts” in his career. In 1990, he was the first surgeon in the Capital District to perform laparoscopic cholecystectomy. He was also the first to establish and popularize the plug technique for hernia repair, presenting these techniques at international conferences in 1996.

Haider is currently a member of the American Society of Breast Surgeons, American Hernia Surgeons, American General Surgeons, the Society of Laparoscopic Surgeons, the Society of Gastro-Endoscopic Surgeons, the Phlebology Society of America, and two malpractice panels. He is a fellow of the International College of Surgeons, International College of General and Laparoscopic Surgeons, American College of Angiology, and the American College of Surgeons.

Always a contributor and leader within the community, he has served as Chief of Staff, Foundation Chair for Medical Staff, and teaching fellow at St. Peter's Hospital, as well as Foundation chair at the Academy of the Holy Names.

In the rare moments when he is not immersed in surgical and medical pursuits, Haider finds enjoyment in landscape painting and golfing.