

ADHD Toolkit

Attention deficit/hyperactivity disorder (ADHD) is one of the most common neurobehavioral disorders in children, and can persist through adolescence and into adulthood. The American Psychiatric Association estimates that 3 percent to 7 percent of children suffer from ADHD.

To assist you in caring for and referring young patients with ADHD, we've gathered materials to keep you up to date on the recent guidelines and research, as well as items you can share with patients and their caregivers.

RESEARCH AND GUIDANCE

- Review some of the latest recommendations on caring for children with ADHD.
- Use the provided screening tools to help identify ADHD and keep track of a patient's progress.
- View information on approved ADHD medications.
- Go to the Provider Resources section of our Web site and select "Formulary Updates" from the Rx Corner menu for the latest CDPHP formulary information.

SUPPORTING YOUR CARE

- Share the provided *ADHD Patient Guide and Appointment Tracker* with patients and their caregivers to help them identify and manage ADHD at home. The tracker will also help them monitor symptoms and reactions to medications.
- Photocopy the enclosed materials or visit the Provider Resources section of www.cdphp.com to download and print them for distribution.
- Patients can access these materials by visiting www.cdphp.com/membertoolkits.

We encourage you to share this information with all of your patients. For those who are CDPHP members, we recommend advising them of the many resources CDPHP offers to support them in dealing with their condition or that of a loved one. CDPHP members can call a personal health coach at 1-800-365-4180 or visit www.cdphp.com/HealthCoachConnection anytime, seven days a week.



A plan for life.

