

Available in all CDPHP[®] rating regions

= Change from 2018

† Indicates benefit is subject to the deductible

= Change from 2018 Findicates benefit is subject to the deductible + For Copay First, deductible applies to all benefits in the Deductible Phase. Refer to detailed benefit summary.											RATES					
METAL TIER	3 DIGIT	PRODUCT	DEDUCTIBLE AGGREGATE/ EMBEDDED	DEDUCTIBLE (SINGLE/FAMILY)	OFFICE VISIT	SPECIALIST VISIT	INPATIENT HOSPITAL	OUTPATIENT SURGERY	ER	URGENT CARE	PRESCRIPTION DRUGS	OOP MAX (SINGLE/FAMILY)	SINGLE	DOUBLE	EMPLOYEE/ CHILD(REN)	FAMILY
PLATINUM	120	EPO Copayment	Embedded	\$0/\$0	\$15	\$20	\$500	\$100	\$100	\$35	\$4/\$30/\$60	\$7,500/\$15,000	\$810.48	\$1,620.97	\$1,377.82	\$2,309.88
PLATINUM	121	EPO Copayment	Embedded	\$0/\$0	\$20	\$20	\$750	\$50	\$100	\$30	\$4/\$30/\$60	\$7,350/\$14,700	\$800.89	\$1,601.77	\$1,361.51	\$2,282.53
PLATINUM	130	EPO Copayment	Embedded	\$0/\$0	\$15	\$35	\$500	\$75	\$100	\$45	\$4/\$30/\$60	\$4,000/\$8,000	\$789.68	\$1,579.37	\$1,342.46	\$2,250.60
GOLD	220	EPO Copayment	Embedded	\$500/\$1,000	\$25†	\$40†	\$800†	\$50†	\$75†	\$50†	\$4/\$30/\$60	\$7,150/\$14,300	\$716.50	\$1,433.01	\$1,218.06	\$2,042.04
GOLD	221	Embrace Health EPO Copayment (\$200)	Embedded	\$250/\$500	\$30†	\$50†	\$1,000†	\$100†	\$100†	\$60†	\$10/\$50/\$80	\$7,150/\$14,300	\$697.58	\$1,395.17	\$1,185.89	\$1,988.11
GOLD	222	EPO Hybrid	Embedded	\$600/\$1,200	\$20	\$40	20%†	20%†	20%†	\$50	\$10/\$50/\$80	\$6,250/\$12,500	\$673.52	\$1,347.03	\$1,144.98	\$1,919.52
GOLD	223	HDHMO Smart Deductible (Non-Qualified)	Embedded	\$1,000/\$2,000	\$25	\$40†	\$500†	\$150†	\$150†	\$75†	\$10/\$50†/\$80†	\$7,900/\$15,800	\$555.52	\$1,111.04	\$944.38	\$1,583.23
GOLD	230	EPO Copayment	Embedded	\$600/\$1,200	\$25†	\$40†	\$1,000†	\$100†	\$150†	\$50†	\$10/\$35/\$70	\$7,350/\$14,700	\$689.49	\$1,378.98	\$1,172.13	\$1,965.05
SILVER	320	HDEPO Qualified	Aggregate	\$1,750/\$3,500	\$30†	\$40†	\$750†	\$150†	\$150†	\$50†	\$10†/\$50†/\$80†	\$6,550/\$13,100	\$604.97	\$1,209.93	\$1,028.44	\$1,724.16
SILVER	324	HDHMO Qualified	Aggregate	\$2,200/\$4,400	\$25†	\$50†	\$500†	\$200†	\$300†	\$50†	\$10†/\$40†/\$60†	\$4,800/\$9,600	\$478.89	\$957.78	\$814.11	\$1,364.83
SILVER	328	HDEPO EPC 328 Silver (Non-Qualified)	Embedded	\$2,500/\$5,000	\$0 EPC/ \$40 Non-EPC	\$60†	20%†	20%†	20%†	\$70†	\$10†/\$50†/50%†	\$7,200/\$14,400	\$544.40	\$1,088.79	\$925.47	\$1,551.53
SILVER	330	EPO Copayment	Embedded	\$2,000/\$4,000	\$30†	\$50†	\$1,500†	\$100†	\$250†	\$60†	\$10/\$35/\$70	\$7,350/\$14,700	\$583.90	\$1,167.79	\$992.62	\$1,664.10
BRONZE	421	HDEPO Qualified	Aggregate	\$6,650/\$13,300	0%†	0%†	0%†	0%†	0%†	0%†	0%†/0%†/0%†	\$6,650/\$13,300	\$419.79	\$839.58	\$713.64	\$1,196.40
BRONZE	423	HDEPO Non- Qualified	Embedded	\$5,500/\$11,000	\$35†	\$80†	50%†	\$300†	50%†	\$90†	10†/50%†/50%†	\$7,150/\$14,300	\$423.77	\$847.53	\$720.40	\$1,207.74
BRONZE	424	HDEPO Qualified	Aggregate	\$5,250/\$10,500	\$40†	\$60†	\$1,000†	\$300†	\$350†	\$70†	\$10†/\$50†/\$80†	\$6,650/\$13,300	\$435.37	\$870.74	\$740.13	\$1,240.81
BRONZE	425	Copay First [‡] (\$3,000/\$6,000)	Embedded	\$6,000/\$12,000	\$30	\$50	\$500	\$75	\$75	\$60	\$10/\$30/\$50	\$6,850/\$13,700	\$454.04	\$908.09	\$771.87	\$1,294.02
BRONZE	430	HDEPO Qualified	Embedded	\$5,500/\$11,000	50%†	50%†	50%†	50%†	50%†	50%†	\$10†/\$35†/\$70†	\$6,650/\$13,300	\$453.16	\$906.33	\$770.38	\$1,291.52
HEALTHY NE	W YOR	(
GOLD	201	HealthyNY HMO Copayment	Embedded	\$600/\$1,200	\$25†	\$40†	\$1,000†	\$100†	\$150†	\$60†	\$10/\$35/\$70	\$4,000/\$8,000	\$457.39	\$914.77	\$777.56	\$1,303.55

All rates include Domestic Partner coverage.



CAFÉWELL® AND LIFE POINTS® Complete healthy activities. Log them online. Earn gift cards.

FREE PREVENTIVE CARE* We exceed the minimum requirements

DOCTOR ON DEMAND® Live video doctor visits

ZIPONGO® Take the guesswork out of eating right

LASIK REIMBURSEMENT Better vision at a lower cost











* No out-of-pocket costs for members.

CDPHP Universal Benefits,[®] Inc. Capital District Physicians' Health Plan, Inc. Capital District Physicians' Healthcare Network, Inc. 18-8851 121518



ALBANY REGION

RATE QUARTER 2

COUNTIES INCLUDE:

ALBANY COLUMBIA FULTON MONTGOMERY

RENSSELAER SARATOGA SCHENECTADY SCHOHARIE

GREENE WARREN WASHINGTON



Discover the hidden perks and new innovations we're offering for 2019!

GYM REIMBURSEMENT Even more reason to go to the gym

www.cdphp.com/BrokerDifference

Plan Favorites

COPAY FIRST

A first-dollar copay plan, at a high deductible price.

NEW FOR 2019, preventive visits don't count toward the first phase, meaning employees stay in the copay phase longer!

TOP-SELLER!

HIGH DEDUCTIBLE HMO

Quality meets affordability.

GOLDLow rates, smart deductibleSILVERHSA-qualified



\$0 ENHANCED PRIMARY CARE PLAN



EMBRACE HEALTH

Employees receive **\$200** to spend on a fitness, medical, or nutrition path to cover expenses. Members pick the path, CDPHP provides the cash!





DOCTOR ON DEMAND

Employees can visit the doctor from the comfort of home or office on their laptop or smartphone. Doctor On Demand treats physical and mental health problems 365 days a year 24/7.

Changes You Should Know

CDPHP[®] takes its role in providing health care coverage for your employees and clients very seriously. These changes take effect at the time of benefits renewal in 2019. Refer to plan documents for complete details.

LARGE GROUPS, SMALL GROUPS, INDIVIDUALS

LARGE GROUPS, SMALL GROUP	5, INDIVIDUALS					
North Country expansion	CDPHP is expanding our ser will now be available in Cli					
Weight management	Members ages 18 and olde period for completion of ar					
Gym reimbursement	Up to \$600 total gym reimbo and \$100 per covered spous six months and provide proc					
Early intervention program	New language clarifies how					
Allowed amount clarification	New language clarifies how					
Donor breast milk	Donor breast milk will be c					
Behavioral health	New language clarifies cov					
Prescription drug coverage at non-par pharmacies	CDPHP must receive a pres participating pharmacy wh reasonable time. Members drug to be covered. <i>Please</i> <i>purchased a prescription a</i>					
Prescription drug coverage of kits and packs	Therapeutic kits or conven- be packaged with over-the topical emollients. CDPHP or convenience packs that available as part of a thera					
Timely appeal information	If a member files an appea rationale connected to the soon as possible and suffic This will allow a reasonable					
Prior authorization changes	There are prior authorization					
Emergency department coverage	No member cost-sharing w under Public Health Law § of evidence in a sexual offe					
Deductible applies to medical equipment and supplies	The deductible will now ap supplies, hearing aids, and designs and plans with no					
LARGE GROUPS						
Lasik reimbursement	Members are eligible for a					
Therapeutic radiology	There are no preferred thera					
Inpatient hospital services	Prior authorization will nov inpatient mental health, ar					
Home health care services deductible	For plans with a deductible being removed. Up to the f					
Inpatient copay limit	For copayment plans, the lin being removed. Each inpatie					
LARGE GROUPS AND SMALL GR						
Emergency services outside the service area	For CDPHP UBI plans with th emergency services outside					

Capital District Physicians' Health Plan, Inc. | CDPHP Universal Benefits,[®] Inc. | Capital District Physicians' Healthcare Network, Inc. 18-9012



rvice area. Our award-winning coverage and customer service inton, Essex, Franklin, and Warren counties.

er are eligible for up to a \$75 reimbursement per benefit n eligible weight-loss program.

oursement is available per benefit period (\$200 per subscriber use, every six months). Members must go to the gym 50 times in pof from the gym/fitness facility.

services designated as early intervention program are covered.

w our allowed amount is calculated.

covered when considered medically necessary.

verage at certain facilities for mental health/substance use.

scription drug claim form for reimbursement from a nonhen the participating pharmacy cannot provide the drug in a s still need to get prior written approval from CDPHP for the e note that for large groups, this only applies if your group drug rider from CDPHP.

nience packs contain one or more prescription drug(s) and may e-counter items, such as gloves, finger cots, hygienic wipes, or 9 will not cover repackaged products, such as therapeutic kits t contain a covered prescription drug, unless the drug is **only** apeutic kit or convenience pack.

al, CDPHP will provide any new or additional evidence or e appeal, free of charge. The information will be provided as iciently in advance of the date of final adverse determination. le timeframe for the member to respond.

on changes for 2019. Please check member contract for details.

will be applied for health care forensic examinations performed 2805-I (treatment of sexual offense victims and maintenance fense).

pply to durable medical equipment, prosthetics, medical ad cochlear implants for all plans with the exception of hybrid b deductible.

a lifetime \$750 Lasik reimbursement.

apeutic radiology locations. Reduced cost-sharing does not apply.

w apply to inpatient hospital services for a continuous stay, and inpatient substance use disorder.

e, the \$50 deductible cap for home health care services is full deductible amount will now apply to these services.

mit of two copays per individual and three copays per family is ient admission will now apply a copayment.

he national network, language regarding coverage limited to only e the service area is being removed.