

CDPHP® Supports Breastfeeding

Breastmilk is the best nourishment for babies, but successful breastfeeding takes support and preparation. So that you're ready for your baby before he/she arrives, make sure you order a breast pump, take a breastfeeding class, and know where to find assistance if you need it. CDPHP can help.



Breast pumps are a covered benefit

CDPHP covers the purchase of a standard electric breast pump or rental of a hospital-grade breast pump from participating vendors, including:

Marra's Pharmacy

Cohoes (pick-up available)
www.marraspharmacy.com
(518) 237-2110

Edgepark Medical Supplies

Online only
www.edgepark.com
1-888-394-5375

Yummy Mummy Store

Online only
www.yummymummystore.com
(212) 879-8669

Northeast Home Medical Equipment

60 Cohoes Avenue,
Green Island
(518) 271-9600

Better Living Now

Online only
www.betterlivingnow.com
1-877-290-5188

Shipping and standard supplies are included with each breast pump. **Ask your doctor for a prescription for a breast pump.** To find other participating vendors, call member services at the number on your ID card or visit findadoc.cdphp.com.



CDPHP reimburses for breastfeeding classes

Participate in a breastfeeding class at your local hospital or another site. Free breastfeeding education is available through WIC, Alpha Pregnancy Care Center locations, Burdett Birth Center, or a local baby café. If there is a cost, CDPHP will reimburse members up to \$75 per contract in a benefit year.*



CDPHP covers breastfeeding assistance

Questions or challenges? Get support from a breastfeeding professional, such as a lactation consultant. CDPHP covers these visits in full. To find a lactation consultant, ask your OB/GYN, child's pediatrician, or place of delivery for their recommendations. Or, call the CDPHP Single Source Referral Line at **1-888-942-3747**.

These services are available at no charge to members of all CDPHP insured product lines, including Medicaid. Please check your member benefits materials for detailed information and to verify specific terms of your coverage.

** Medicaid members are covered in full and will not need to pay costs up front. Please call member services at the phone number on your CDPHP ID card with questions.*



Mom
2 Be



Want to know more? Visit www.cdphp.com/pregnancy.

Discrimination is Against the Law

Capital District Physicians' Health Plan, Inc. (CDPHP®) complies with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

Multi-language Interpreter Services

ATENCIÓN: Si habla otro idioma que no es el inglés, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al número que figura en su tarjeta de identificación de miembro (TTY: 711).

注意：如果您使用的語言不是英語，您可以免費獲得語言援助服務。請致電您會員ID卡上的電話（聽力障礙電傳：711）。
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