



Self-Fund with CDPHP®

HIGH QUALITY BENEFITS, DEDICATED SUPPORT,
COST CONTAINMENT, AND SO MUCH MORE.

WHY CHOOSE CDPHP?

Take it from one of our employer groups.

“When I think about CDPHP, I think about accountability and trust. They treat our self-funded money like it's theirs. They are a true partner and are always evolving to stay ahead of the health care curve.”

Mike Brady

Administrator for Laborers'
Local 157 Benefit Funds

Keeping your employees healthy means more than just processing their claims.

You know it. CDPHP knows it.

When you self-fund with CDPHP, you get administration of your health plan, of course, but you also get cost containment, award-winning customer service, and valued-added benefits that not only support employees when they're sick, but help them live their healthiest lives.

MORE THAN JUST A HEALTH PLAN.

At CDPHP, we get to know you, your employees, your company, and your needs. Through innovative programs and partnerships, we're embedded in doctor's offices, hospitals, and pharmacies; ensuring members get the right care, at the right place, at the right time – improving quality and accessibility while lowering the total cost of care. **We're integrated at every level, and local, like health care should be.**

Industry innovation

The CDPHP account management team combines for more than 50 years of industry and regional experience, but our expertise doesn't end there. We've made groundbreaking moves in the health insurance industry, including our selection of a transparent pharmacy benefit manager, Capital Rx, opening CDPHP ConnectRx retail pharmacies, our partnership with Community Care Physicians, and our Hospital to Home and transition of care programs. We're also an industry leader in developing unique, custom networks and benefits for self-funded groups, providing detailed reporting and proactively forecasting your spend and member health.

Transparency

With CDPHP, you have real time access to your data through our employer portal. Our account managers dive into the data with you, answer your questions, and help you make data driven decisions to better manage your overall plan. Full transparency also extends to the pharmacy space, highlighted by our innovative partnership with pharmacy benefit manager Capital Rx, NADAC pricing, rebate pass through, and more to connect our members to the most effective medications with the lowest total net cost. **There are also no hidden fees when you self-fund with CDPHP.**

CDPHP offers a competitive administration fee that includes:

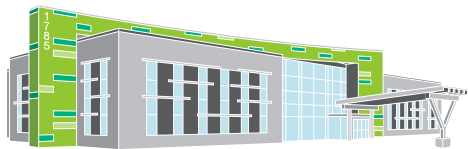
- ▶ Mental health and substance use support
- ▶ Case management
- ▶ High dollar manual claims review
- ▶ Personalized healthy activities
- ▶ Personal health assessment
- ▶ Critical issue and chronic condition support from the CDPHP Care Team
- ▶ National network of over 1,000,000 providers
- ▶ Web-based reporting package
- ▶ CDPHP Price Check digital cost tool
- ▶ CDPHP Hospital to Home
- ▶ Transitions of Care program
- ▶ Maternity resources and support
- ▶ Worksite and virtual wellness
- ▶ Plan customization
- ▶ And so much more!

Total cost of care

A self-funded administration fee is a small piece of the total cost you pay for health care. CDPHP self-funded plans are competitively priced, but it's everything we do beyond plan administration that ensures your employees get the highest quality care at the lowest cost to your business. Our integrated delivery model aligns members, providers, and CDPHP to make health care more affordable, accessible, and easier to use.

Check out a few of the ways CDPHP works to improve the member experience and maximize your health care dollars:

The Wellness Way medical facility that puts doctors, pharmacy, and CDPHP all under one roof as part of our larger partnership with Community Care Physicians.



The state-of-the-art 1785 specialty medical practice, which combines the highest level of care with an exceptional patient experience.

Enhanced Primary Care – a CDPHP program that rewards providers for the quality of care they provide rather than the number of services rendered.



Extra support during and after a hospital stay to improve outcomes and reduce readmissions through **CDPHP Hospital to Home**.

Integrated pharmacy with full transparency and programs and tools such as discount drug program **Rx for Less**, the **CDPHP Connect Rx, On the Go** pharmacy app, and **CDPHP ConnectRx** pharmacy locations.



Questions?

Contact your broker or call CDPHP at **(518) 641-5000** or toll-free at **1-800-993-7299**.

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A plan for life.

Capital District Physicians' Healthcare Network, Inc.

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