

The CDPHP® Care Team

Here for you in sickness and in health.

Our team of nurses, dietitians, social workers, mental health professionals, peer support specialists, and care coordinators can provide information and one-on-one support to help you live your healthiest life.



Scan the QR code above
to learn more.

1-888-94-CDPHP (23747)



Call the CDPHP Care Team to discuss:

- ✓ Medications
- ✓ Exercise
- ✓ Nutrition
- ✓ Health education
- ✓ Mental health
- ✓ Substance use
- ✓ Support during and after a hospital stay
- ✓ Support with a new diagnosis
- ✓ Managing chronic conditions
- ✓ Connecting with new providers
- ✓ And more!



Reach the CDPHP Care Team by calling **1-888-94-CDPHP (23747)**.

Discrimination is Against the Law

Capital District Physicians' Health Plan, Inc., CDPHP Universal Benefits, Inc., and Capital District Physicians' Healthcare Network, Inc. (collectively referred to as CDPHP®) comply with applicable federal civil rights laws and do not discriminate on the basis of race, color, national origin, age, disability, or sex.

Multi-language Interpreter Services

ATENCIÓN: Si habla otro idioma que no es el inglés, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al número que figura en su tarjeta de identificación de miembro (TTY: 711).

注意：如果您使用的語言不是英語，您可以免費獲得語言援助服務。請致電您會員ID卡上的電話（聽力障礙電傳：711）。