

Add Your Voice to the Mix!

Join the CDPHP® Insights Community

CDPHP Insights is an online community made up of health care consumers just like you. We're looking for your opinions on a variety of topics, such as:

- ▶ Your health care and insurance experiences
- ▶ Understanding health care terminology
- ▶ Fitness and nutrition
- ▶ And more!

If you're interested in providing us with valuable feedback, here's what you can expect in return:

- ▶ Chances to participate in thought-provoking surveys
- ▶ Opportunities to win gift cards to thank you for your participation
- ▶ Our commitment to continuously improve the CDPHP experience based on your responses

To join, simply provide your name and email address to a CDPHP representative, or visit insights.cdphp.com/join. You'll need to share some information about yourself and complete a brief survey.

Curious about what we've learned so far? Check it out!

- ▶ Health care is confusing, so we **revamped communications** with a greater focus on benefit comprehension
- ▶ The majority of respondents to a survey on health care reform supported the **repeal of the Affordable Care Act**
- ▶ We **debunked common myths about the flu** after administering a survey on the flu shot

Once you become a member, you'll begin receiving invitations to complete surveys.
Your feedback will directly help shape the decisions CDPHP makes!

