



Earn More CDPHP Life Points® Rewards with HealthEquity®!

When you use the CDPHP® Health Hub, powered by Virgin Pulse, you earn points for the healthy activities you do such as walking or getting an annual exam. Because your employer has chosen to offer a high-deductible health plan with a HealthEquity health savings account (HSA), you can earn even more CDPHP Life Points® Rewards.

Step 1: Create a CDPHP Health Hub account

Download the Virgin Pulse app. Enter CDPHP as your health plan then create your username and password.

Step 2: Start earning points

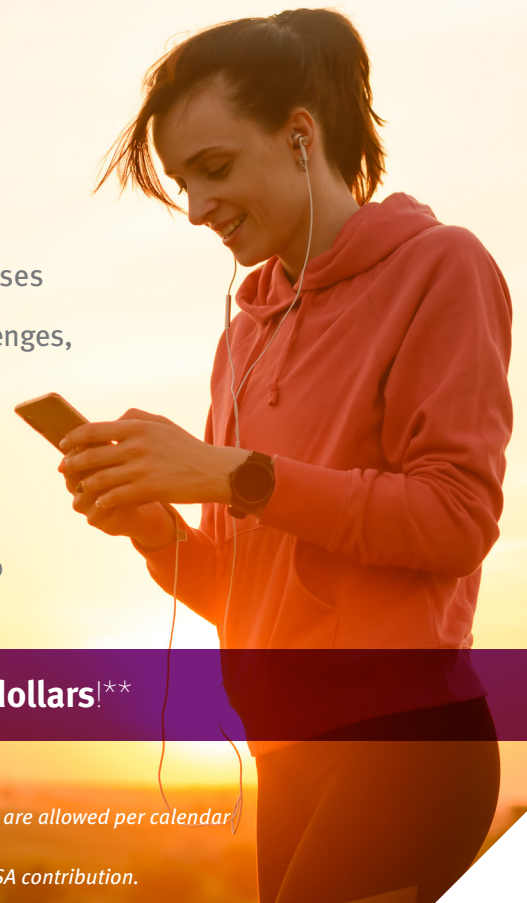
As a HealthEquity participant, you can earn points for:

- ✓ Complete your HSA Claims Integration form to make using your HSA even easier
- ✓ View a tutorial on making the most of your HSA
- ✓ Take a quiz to learn how to use your HSA for health-related expenses

Continue to earn points by taking part in healthy activities like step challenges, eating well, and getting a flu shot.

Want a fully customized experience?

Complete your Personal Health Assessment (PHA). This short, confidential survey assesses your health in multiple ways. You'll receive a personalized report and recommended actions you can take to start improving your well-being.



You can redeem CDPHP Life Points Rewards for **additional HSA dollars!**^{**}

* All adults age 18 and older in select plans are eligible. CDPHP Life Points Rewards worth up to \$365 are allowed per calendar year, per contract. CDPHP Life Points Rewards must be redeemed by December 31 each year.

** CDPHP Life Points Rewards redeemed for additional HSA dollars contribute toward the maximum HSA contribution.

Discrimination is Against the Law

Capital District Physicians' Health Plan, Inc. (CDPHP®) complies with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

Multi-language Interpreter Services

ATENCIÓN: Si habla otro idioma que no es el inglés, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al número que figura en su tarjeta de identificación de miembro (TTY: 711).

注意：如果您使用的語言不是英語，您可以免費獲得語言援助服務。請致電您會員ID卡上的電話（聽力障礙電傳：711）。