

Ovia Health: supporting the journey to and through parenthood

Provide your employees with 1-1 support for building, raising, and supporting healthier families

Digital family health support

Ovia Health™ is a comprehensive maternity and family health program that can provide your employees with personalized guidance and coaching to support their health and family building goals.

the family care continuum

Unlimited 1-1 support from Ovia Health coaches throughout your employee's journey

Women's health

Contraception & family building

Maternity & postpartum health

Parental well-being

Children's health

Ovia's physician-developed clinical programs for every step of the process



Proven results

Family Building

Ovia® is designed to help families grow using the paths to parenthood that make the most sense for them.

The fertility tracker makes it easy for members to understand where they are in their cycle, when to take an ovulation test, and even when to seek help. Our health programs span from endometriosis education, PCOS management, male fertility, and more.

30%

reduction in Assisted Reproductive Technology (ART) dependence

30%

reduction in multiple gestations

Pregnancy Management

Pregnancy is exciting, confusing, wonderful, and complicated. Ovia Health can provide members with support to help them have the happiest and healthiest pregnancy possible.

By tracking symptoms and following physician-developed clinical programs such as breastfeeding preparation, gestational diabetes prevention, mental health education, and more, Ovia Pregnancy® helps your employees identify concerns and connect them with their provider before issues emerge.

28%

reduction in preterm delivery & NICU stays

15%

reduction in c-section

18%

reduction in preeclampsia

Children's & Family Health

From the first days postpartum through little one's early years and beyond, Ovia Parenting™ is meant for parents with kids of all ages.

Created with the entire family in mind, Ovia Health's programs and health coaches can support members with topics such as infant sleep and parent fatigue, co-parenting, allergy health, returning to work, breastfeeding, and more.

91%

breastfeeding initiation rate

31%

increase in perinatal mental health treatment utilization

92%

infant vaccination adherence rates

88%

1-year employee retention post-birth

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Ready to learn more?

Contact your CDPHP® strategic account representative to learn how you can support your employees with their family health goals.



www.oviahealth.com

oviahealth™

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