




Simply Self-FundedSM

Insurance can be complicated. Your self-funded health plan doesn't have to be.

Take the guesswork out of self-funding with **Simply Self-FundedSM**, an innovative product from CDPHP that leaves complexity and confusion at the door. This plug-and-play plan comes with a simple setup and includes:

- ✓ No administration fees*
- ✓ No implementation costs
- ✓ Stop-loss[†] and pharmacy administration
- ✓ High quality benefits
- ✓ Cost containment programs
- ✓ Reporting and data insights
- ✓ Support from an expert service team
- ✓ And more!



Self-funding
made simple!

Who's it for?

Simply Self-FundedSM is designed for employer groups with 101 or more eligible employees. The plan is ideal for groups that are new to CDPHP and looking for a self-funded program that's easy to manage without the administrative responsibilities of a traditional self-funded product.

Plan highlights

Convenient pricing. All-in pricing means one less bill to pay, increased transparency, and more predictability in monthly costs.

Stop-loss administration. Unlike a traditional self-funded plan, stop loss administration is bundled with the package to mitigate the risk of large, unexpected medical claims.

High quality benefits. A national network of more than 1,000,000 providers, pharmacy and behavioral health coverage, live video doctor visits for physical and mental health, reimbursements for healthy activities, and more.

Flip the page for details on the employee benefits of Simply Self-FundedSM!



* CDPHP will retain Rx rebates to cover administration fee with minimum requirements based on group size

† Fees apply if stop loss isn't placed with a preferred carrier.

Benefits your employees want and need

Simply Self-FundedSM is backed by award-winning customer service and loaded with valuable benefits, programs, and services designed to help your employees live their healthiest lives, including:



Live video doctor visits 24/7 for physical and mental health with Doctor On Demand.



By completing healthy activities in the CDPHP Health Hub, members can earn **CDPHP Life Points[®] Rewards** that can be redeemed for gift cards.



A team of nurses, dietitians, and care coordinators dedicated to supporting self-funded members with a chronic condition or a new diagnosis.



Up to \$1,500 back for doula services per pregnancy.



Comprehensive mental health support, including coverage for office visits, a crisis hotline, and live video doctor visits from a smartphone or tablet.



Up to \$600 back for going to the gym, fitness classes, youth sports fees, parent and baby classes, and wearable fitness devices.



The CDPHP Health Hub – a digital wellness program that helps members make small, everyday changes on areas they want to improve most.



Up to \$100 back for participating in a qualified weight management program.



And so much more!

Ready to learn more about Simply Self-FundedSM?

Contact your broker or call CDPHP at **(518) 641-5000** or toll-free at **1-800-993-7299**.

#1 IN MEMBER SATISFACTION
AMONG COMMERCIAL HEALTH PLANS
IN NEW YORK

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