



Healthcare
Effectiveness
Data and
Information
Set

2019

HEDIS[®]

Capital District Physicians' Health Plan, Inc.
CDPHP Universal Benefits[®], Inc.
Capital District Physicians' Healthcare Network, Inc.

For the Reporting Year
2018

Introduction

What is HEDIS®?

The Healthcare Effectiveness Data and Information Set (HEDIS®) is a collection of standardized measurements designed to enable consumers to compare the quality of managed care plans before purchasing health care coverage.

HEDIS® is a registered trademark of the National Committee for Quality Assurance (NCQA), an independent, not-for-profit organization dedicated to measuring the quality of America's health care.

How is It Compiled?

Measurements reported in the *Effectiveness of Care*, *Access/Availability of Care*, and *Use of Services* sections are derived from claims data and actual member chart reviews.

The HMO/POS measurements pertain to the commercial products marketed by Capital District Physicians' Health Plan, Inc. (CDPHP®) and HMO/POS-type employer-sponsored plans administered by Capital District Physicians' Healthcare Network, Inc. (CDPHN).

The PPO measurements reflect the findings on care delivered to members of the EPO and PPO products marketed by CDPHP subsidiary CDPHP Universal Benefits,® Inc., and PPO-type plans administered by CDPHN.

The HEDIS measures have been audited by Aqurate, an organization certified by NCQA.

In addition to the statistics illustrating our dedication to clinical excellence, the report includes a section entitled *Satisfaction with the Experience of Care* that contains excerpts from our most recent member satisfaction survey. CDPHP uses the Consumer Assessment of Healthcare Providers and Systems (CAHPS®), a standardized annual member satisfaction survey, to solicit members' opinions about the service we provide.

CAHPS® is a registered trademark of the Agency for Healthcare Research and Quality (AHRQ).

CDPHP® is a Plan for Life

CDPHP®, a physician-directed health plan, is dedicated to the promotion of preventive care. Working closely with our network physicians, CDPHP continually urges members to receive timely and appropriate screenings and procedures designed to help them maintain their best possible state of health. Free wellness programs and routine checkups are available to every CDPHP member.

We are proud to present the following HEDIS report illustrating our commitment to the preservation and improvement of the health of our members at every age and stage of life.

Effectiveness of Care: Prevention and Screening	Commercial		Medicare		Medicaid
	HMO	PPO	HMO	PPO	
Adult BMI Assessment	97%	98%	98%	100%	96%
Weight Assessment and Counseling for Nutrition & Physical Activity in Children					
BMI Percentile	97%	92%	NA	NA	94%
Counseling for Nutrition	95%	86%	NA	NA	88%
Counseling for Physical Activity	92%	84%	NA	NA	85%
Childhood Immunizations					
DTaP, IPV, MMR, HiB, Hep B, VZV	91%	89%	NA	NA	82%
DTaP, IPV, MMR, HiB, Hep B, VZV, PCV	89%	88%	NA	NA	80%
Lead Screening (2-Year-Olds)	91%	91%	NA	NA	87%
Immunizations for Adolescents (TD/TDap and Meningococcal)	94%	91%	NA	NA	93%
Human Papillomavirus Vaccine for Adolescents	28%	34%	NA	NA	39%
Breast Cancer Screening	80%	78%	81%	87%	65%
Cervical Cancer Screening	82%	81%	NA	NA	74%
Colorectal Cancer Screening	71%	78%	81%	83%	54%
Chlamydia Screening in Women Ages 16 to 24	71%	68%	NA	NA	70%
Effectiveness Of Care: Respiratory Conditions					
Appropriate Testing for Children With Pharyngitis	96%	94%	NA	NA	92%
Appropriate Treatment for Children With URI	96%	95%	NA	NA	96%
Avoidance of Antibiotic Treatment in Adults With Acute Bronchitis	38%	37%	NA	NA	43%
Use of Spirometry Testing in the Assessment & Diagnosis of COPD	47%	45%	45%	55%	35%
Pharmacotherapy Management of COPD Exacerbation					
Systemic Corticosteroids	84%	75%	78%	91%	80%
Bronchodilators	84%	77%	83%	88%	88%
Medication Management for People with Asthma—Medication Compliance 50%	75%	75%	NA	NA	64%
Effectiveness Of Care: Cardiovascular					
Persistence of Beta Blocker Treatment after Heart Attack	92%	86%	95%	100%	88%
Blood Pressure Controlled <140/90	79%	72%	80%	83%	70%

Effectiveness of Care: Diabetes

Comprehensive Diabetes Care

HBA1C Testing	94%	94%	96%	96%	91%
Poor HBA1C Control	20%	17%	10%	10%	29%
Adequate HBA1C Control (<8)	69%	68%	82%	79%	56%
Monitoring for Nephropathy	94%	92%	95%	97%	90%
Eye Exam	67%	65%	85%	90%	69%

Effectiveness Of Care: Musculoskeletal

Disease Modifying Anti-Rheumatic Drug Therapy in Rheumatoid Arthritis	90%	90%	81%	91%	85%
Use of Imaging Studies for Low Back Pain	74%	75%	NA	NA	70%
Osteoporosis Management in Women Who Have Had a Fracture	NA	NA	34%	NA	NA

Effectiveness Of Care: Behavioral Health

Antidepressant Medication Management

Effective Acute Phase Treatment	69%	70%	70%	68%	54%
Effective Continuation Phase Treatment	53%	54%	56%	66%	39%

Follow-Up Care for Children Prescribed ADHD Medication

Initiation Phase	51%	46%	NA	NA	44%
Continuation and Maintenance Phase	51%	46%	NA	NA	44%

Follow-Up After Hospitalization for Mental Illness

30 Days	80%	81%	80%	75%	79%
7 Days	66%	66%	63%	50%	61%

Diabetes Screening for People with Schizophrenia or Bipolar Disorder Who are Using Antipsychotic Medication	NA	NA	NA	NA	79%
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Diabetes Monitoring for People with Diabetes and Schizophrenia	NA	NA	NA	NA	84%
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Adherence to Antipsychotic Medications for Individuals with Schizophrenia	NA	NA	NA	NA	60%
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Effectiveness of Care: Medication Management

Annual Monitoring for Patients on Persistent Medications

ACE Inhibitors or ARBs	87%	86%	95%	95%	89%
Diuretics	86%	86%	95%	95%	89%
Total	87%	86%	95%	95%	89%

Drugs to be Avoided in the Elderly

One Prescription	NA	NA	11%	12%	NA
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At Least Two Prescriptions	NA	NA	8%	7%	NA
Potentially Harmful Drug-Disease Interactions in the Elderly					
Falls + Tricyclic Antidepressants or Antipsychotics	NA	NA	46%	50%	NA
Dementia + Tricyclic Antidepressants or Anticholinergic Agents	NA	NA	43%	50%	NA
Chronic Renal Failure + Non-Aspirin NSAIDS or COX-2 Selective Inhibitors	NA	NA	4%	6%	NA
Access/Availability of Care					
Prenatal and Postpartum Care					
Timeliness of Prenatal Care	96%	96%	NA	NA	91%
Postpartum Care	93%	89%	NA	NA	68%
Initiation and Engagement of Alcohol or Drug Dependence Treatment					
Initiation	38%	39%	32%	28%	45%
Engagement	16%	16%	5%	6%	19%
Use of Services					
Well-Child Visits in First 15 Months of Life (6 or more)	93%	100%	NA	NA	74%
Well Child Visits Ages 3-6	94%	93%	NA	NA	88%
Adolescent Well-Care Visit	75%	62%	NA	NA	70%