



Healthcare
Effectiveness
Data and
Information
Set

2016

HEDIS®

Capital District Physicians' Health Plan, Inc.
CDPHP Universal Benefits,® Inc.
Capital District Physicians' Healthcare Network, Inc.

For the Reporting Year
2015

Introduction

What is HEDIS®?

The Healthcare Effectiveness Data and Information Set (HEDIS®) is a collection of standardized measurements designed to enable consumers to compare the quality of managed care plans before purchasing health care coverage.

HEDIS® is a registered trademark of the National Committee for Quality Assurance (NCQA), an independent, not-for-profit organization dedicated to measuring the quality of America's health care.

How is It Compiled?

Measurements reported in the *Effectiveness of Care*, *Access/Availability of Care*, and *Use of Services* sections are derived from claims data and actual member chart reviews.

The HMO/POS measurements pertain to the commercial products marketed by Capital District Physicians' Health Plan, Inc. (CDPHP®) and HMO/POS-type employer-sponsored plans administered by Capital District Physicians' Healthcare Network, Inc. (CDPHN).

The PPO measurements reflect the findings on care delivered to members of the EPO and PPO products marketed by CDPHP subsidiary CDPHP Universal Benefits,® Inc., and PPO-type plans administered by CDPHN.

The HEDIS measures have been audited by Aqurate, an organization certified by NCQA.

In addition to the statistics illustrating our dedication to clinical excellence, the report includes a section entitled *Satisfaction with the Experience of Care* that contains excerpts from our most recent member satisfaction survey. CDPHP uses the Consumer Assessment of Healthcare Providers and Systems (CAHPS®), a standardized annual member satisfaction survey, to solicit members' opinions about the service we provide.

CAHPS® is a registered trademark of the Agency for Healthcare Research and Quality (AHRQ).

CDPHP® is a Plan for Life

CDPHP®, a physician-directed health plan, is dedicated to the promotion of preventive care. Working closely with our network physicians, CDPHP continually urges members to receive timely and appropriate screenings and procedures designed to help them maintain their best possible state of health. Free wellness programs and routine checkups are available to every CDPHP member.

We are proud to present the following HEDIS report illustrating our commitment to the preservation and improvement of the health of our members at every age and stage of life.

Effectiveness of Care

Measure/Data Element	HMO/POS Rate	PPO Rate
<i>Prevention and Screening</i>		
Adult BMI Assessment	90.07%	91.49%
Weight Assessment and Counseling for Nutrition and Physical Activity for Children/Adolescents		
<i>BMI Percentile</i>	92.01%	87.87%
<i>Counseling for Nutrition</i>	90.24%	86.98%
<i>Counseling for Physical Activity</i>	84.02%	81.36%
Childhood Immunizations		
<i>4 DTaP, 3 OPV/IPV, 1 MMR, 2 Hib, 3 Hep B, 1 VZV, 4 PCV</i>	88.32%	83.82%
Immunizations for Adolescents		
<i>TD or TDap</i>	99.67%	97.26%
<i>Meningococcal</i>	80.20%	76.29%
<i>Human Papillomavirus Vaccine for Female Adolescents</i>	23.72%	20.83%
Breast Cancer Screening	79.71%	76.46%
Cervical Cancer Screening	85.49%	81.71%
Non-Recommended Cervical Cancer Screening in Adolescent Females	2.78%	2.10%
Colorectal Cancer Screening	73.86%	68.72%
Chlamydia Screening in Women 16-24 Years	66.18%	61.27%
<i>Respiratory Conditions</i>		
Appropriate Testing for Children with Pharyngitis	93.52%	91.15%
Appropriate Treatment for Children With URI	93.58%	91.91%
Avoidance of Antibiotic Treatment in Adults with Acute Bronchitis	33.33%	28.00%
Use of Spirometry Testing in the Assessment and Diagnosis of COPD	45.85%	38.73%
Pharmacotherapy Management of COPD Exacerbation		
<i>Systemic Corticosteroid</i>	74.77%	75.32%
<i>Bronchodilator</i>	73.83%	79.87%
Measure/Data Element	HMO/POS Rate	PPO Rate
Medication Management for People with Asthma	68.35%	67.03%
<i>50% Medication Compliance</i>		

<i>Cardiovascular</i>		
Controlling High Blood Pressure	73.04%	72.02%
Persistence of Beta-Blocker Treatment After a Heart Attack	97.53%	85.95%
<i>Diabetes</i>		
Comprehensive Diabetes Care		
<i>Hemoglobin A1c (HbA1c) Testing</i>	93.68%	92.70%
<i>Monitoring for Nephropathy</i>	91.51%	91.54%
<i>Eye Exam</i>	63.06%	64.18%
<i>Musculoskeletal</i>		
Disease Modifying Anti-Rheumatic Drug Therapy	89.94%	90.39%
Use of Imaging Studies for Low Back Pain	74.81%	75.54%
<i>Behavioral Health</i>		
Antidepressant Medication Management		
<i>Effective Acute Phase Treatment</i>	66.09%	67.41%
<i>Effective Continuation Phase Treatment</i>	49.67%	53.47%
Follow-Up Care for Children Prescribed ADHD Medication		
<i>Initiation Phase</i>	45.27%	51.27%
<i>Continuation and Maintenance (C&M) Phase</i>	55.71%	62.12%
Follow-Up After Hospitalization for Mental Illness		
<i>30-Day Follow-Up</i>	84.94%	82.51%
<i>7-Day Follow-Up</i>	74.90%	71.31%
<i>Medication Management</i>		
Annual Monitoring for Patients on Persistent Meds		
<i>ACE Inhibitors or ARBs</i>	87.36%	85.26%
<i>Digoxin</i>	40.00%	39.32%
<i>Diuretics</i>	87.27%	85.06%

Access/Availability of Care

Measure/Data Element	HMO/POS Rate	PPO Rate
Adults' Access to Preventive/Ambulatory Health Services		
<i>Members age 20-44 years</i>	95.46%	94.72%
<i>Members age 45-64 years</i>	97.45%	96.45%
<i>Members age 65 years and older</i>	97.77%	98.16%
Children and Adolescents' Access to PCPs		
<i>Members age 12-24 months</i>	99.60%	99.50%
<i>Members age 25 months-6 years</i>	97.10%	97.28%
<i>Members age 7-11 years</i>	98.69%	98.53%
<i>Members age 12-19 years</i>	97.34%	96.77%
Initiation and Engagement of Alcohol and Other Drug (AOD) Dependence Treatment		
<i>Initiation</i>	36.39%	34.07%
<i>Engagement</i>	15.49%	12.52%
Prenatal and Postpartum Care		
<i>Timeliness of Prenatal Care</i>	92.66%	94.94%
<i>Postpartum Care</i>	83.05%	85.23%
Call Answer Timeliness Met Goals	79.28%	77.50%

Satisfaction with the Experience of Care

Satisfaction Indicator	HMO/POS % Scored Usually or Always Satisfied	PPO % Scored Usually or Always Satisfied
Getting Needed Care	92.6%	88.7%
Getting Care Quickly	91.4%	90.1%
How Well Doctors Communicate	96.7%	97.1%
Customer Service	94.3%	92.7%
Claims Processing	93.6%	93.4%
Plan Information on Costs	68.1%	71.8%
Coordination of Care	87.6%	85.7%
Shared Decision Making (a lot, yes)	82.7%	86.9%
Overall Rating of Satisfaction With . . .	% scored 8, 9, or 10 on a scale of 1-10	scored 8, 9, or 10 on a scale of 1-10
All Health Care	85.5%	81.1%
Personal Doctor	86.7%	87.5%
Specialist Seen Most Often	91.1%	85.3%
Health Plan	79.6%	65.6%

Health Plan Descriptive Information

Board Certification—HMO Network

Type of Physician	Total Number of Physicians in Each Practice Area	Percent Board Certified
Family Medicine	1,001	86.01%
Internal Medicine	964	81.64%
OB/GYN Physicians	465	76.99%
Pediatricians	692	82.95%
Geriatricians	76	64.47%
Other Physician Specialists	5,192	80.26%

Board Certification—PPO Network

Type of Physician	Total Number of Physicians in Each Practice Area	Percent Board Certified
Family Medicine	1,007	85.90%
Internal Medicine	963	81.72%
OB/GYN Physicians	467	76.87%
Pediatricians	693	82.83%
Geriatricians	76	64.47%
Other Physician Specialists	5,191	80.27%