

**EXHIBIT 3
NARRATIVE SUMMARY**

Company Name:	CDPHP
NAIC Code:	95491
SERFF Tracking #:	CAPD-133256306
Market Segment:	Large Group

Capital District Physicians' Health Plan, Inc. (CDPHP®) offers a health maintenance organization (HMO) product on a community-rated basis to employer groups with 101 or more full-time employees.

CDPHP has filed a request for approval by the New York State Department of Financial Services for a change to the premium for this product. Policyholders will receive rate adjustments upon their renewal in 2023. The weighted average single premium rate increase is 12.2%. 53,306 members and 26,125 policyholders are affected by this request.

Large group HMO policyholders will receive the rate adjustments on the policyholder's next anniversary, on or after January 1, 2023.

2023	Renewals Effective			
	1st Quarter	2nd Quarter	3rd Quarter	4th Quarter
Proposed Rate Adjustment*	11.6%	20.0%	13.3%	23.9%
Groups	62	6	37	5
Policyholders Affected	22,785	942	2,050	348
Members Affected	46,675	1,678	4,483	470

**Based on current benefits*

As a not-for-profit health plan, CDPHP takes seriously its responsibility to control rising health care costs and be a good steward of your premium dollars. However, we continue to battle the rising cost of care, driven primarily by the financial effects of the ongoing COVID-19 pandemic, the rising cost of prescription drugs, and hospital consolidation and physician acquisition, leading to significant reimbursement increases and mandates imposed by government.

CDPHP is working hard to alleviate these cost increases in a variety of ways, such as:

- An innovative partnership with Community Care Physicians, which will seek to reduce the administrative burden on physicians and result in more coordinated, comprehensive, and cost-effective care for patients.
- Expansion of no and low-cost telemedicine options to improve speed to medical and behavioral health care services.
- Paying providers for quality, not quantity, through our nationally-recognized Enhanced Primary Care program, which has not only reduced the costs, but increased the quality of care our members receive.
- Our innovative Hospital to Home program, designed to both improve our members' experience of care while in the hospital, all while reducing costs and avoiding unnecessary readmissions.

EXHIBIT 3
NARRATIVE SUMMARY

- CDPHP Price Check and CDPHP ConnectRx, On the Go, innovative cost transparency tools that provide members estimated costs on a range of health care services and prescription drugs.
- Movement of services to more cost-effective outpatient settings, such as freestanding surgical centers.
- Establishment of a virtual cardiac rehabilitation program that significantly reduces the likelihood of a subsequent cardiac event and costly hospital readmission.
- Case management and medication therapy management services, available at no out-of-pocket cost.
- Mental health and substance use programs, including access to a 24-hour crisis line.

The 2023 expected change in medical and pharmacy costs due to trends is +8.0%.

CDPHP is required by New York state insurance law to meet a minimum medical loss ratio (MLR) standard of 85%. This means that 85% of premiums must be used to cover health care costs. CDPHP will exceed this minimum requirement in 2023 with an MLR of 87.1%.