Capital District Physicians’ Health Plan, Inc.

History

- CDPHP® was founded by physicians in Albany, NY in 1984 as a not-for-profit health maintenance organization (HMO).
- Nearly 30 years later, CDPHP has grown to be the region’s leading health benefits provider, caring for 440,000+ members in 24 counties in New York.

Value-Added Programs

- Free wellness classes
- CDPHP® InMotion™, an interactive app to measure and record workouts
- CafeWell®, a social networking site devoted to health and wellness
- Life Points® incentive program that rewards members for healthy living

Health Information Technology

CDPHP is an active member of the Health Information Exchange of New York (Hixny), a regional health information organization (RHIO), and has invested nearly $10 million in electronic medical record (EMR) adoption, interoperability, and education for its physician network.

The successful resident will be primed to become a leader within the changing landscape of managed care and health care reform.
PGY-1 Managed Care Pharmacy

Purpose

Upon completion of the program, residents will have a thorough understanding and a demonstrated expertise in the field of managed care pharmacy practice.

Experiences will emphasize the Triple Aim, as defined by the Institute for Healthcare Improvement to improve: the patient experience of care (including quality and satisfaction); population health; and cost efficiency per capita.

The resident will be knowledgeable regarding the myriad of aspects that impact health care and the changing face of managed care. In addition to enhanced clinical practice experience, the resident will possess excellent written and verbal skills, and effectively demonstrate the ability to provide appropriate therapeutic recommendations to other health care professionals within an interdisciplinary care team. After completion of the program, the resident will be primed to be an emerging leader within the changing landscape of managed care and health care reform.

Selection of Core Rotations:

- Enhanced Primary Care/primary care clinical pharmacy
- Formulary and policy development
- Health Quality and Medicare Stars
- Provider engagement/performance management
- Pharmacy management and health quality programs

Longitudinal Experiences:

- Medication Therapy Management (MTM)
- Teaching and Learning program for residents, facilitated by Albany College of Pharmacy and Health Sciences
- Participation in Pharmacy and Therapeutic Committee
- Residency research project

Elective Experiences:

- Behavioral Health
- New York Health Plan Association
- MTM/Medical Case Management
- Academic teaching experience

Enhanced Primary Care

In 2008, CDPHP launched the Enhanced Primary Care (EPC) program to improve the coordination of medical services and increase the value and quality of care.

The EPC is a patient-centered medical home model that bases provider reimbursement on the provision of better care, not more care. It has attracted 200 area medical practices. Pharmacists and other health care professionals are helping these sites improve coordination and quality of care.

The program gained national attention after demonstrating that patients get higher-quality, more cost-effective health care when primary care doctors are paid in a manner that supports spending more time with the sicker patients. New York’s Capital District and the Hudson Valley was one of seven markets chosen nationwide to participate in the Comprehensive Primary Care (CPC) initiative, a demonstration project by the Center for Medicare & Medicaid Innovation.

The EPC was designed as a sustainable model for the reimbursement of primary care physicians with a goal of rekindling an interest in primary care medicine as a career. Our vision for the program is to do this while demonstrating better health outcomes and market-leading satisfaction scores for patients, employers, and physicians.