



# CDPHP® Preventive Drug List

## The Preventive Drug List & High Deductible Plans

While high deductibles may give members more control over their health care dollars, they can also make some members hesitant to maintain the preventive medications that are sometimes necessary for good health. So, CDPHP developed the CDPHP Preventive Drug List, a list of medications that are not subject to the deductible with most high deductible plans.\*

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### CDPHP® Preventive Drug Examples

#### **ANTICONVULSANT (SEIZURE)**

LEVETIRACETAM  
PHENOBARBITAL  
PHENYTOIN  
ZONISAMIDE

#### **BLOOD PRESSURE AND HEART DISEASE**

AMLODIPINE BESYLATE  
ATENOLOL  
ENALAPRIL  
LISINAPRIL  
LOSARTAN  
METOPROLOL

#### **BLOOD THINNER**

WARFARIN

#### **BLOOD THINNER/ ANTIPLATELET**

CLOPIDOGREL

#### **CHOLESTEROL AND TRIGLYCERIDE LOWERING**

ATORVASTATIN  
EZETIMIBE  
SIMVASTATIN

#### **DENTAL CAVITY PREVENTION**

MULTI VITAMINS-  
FLUORIDE  
SODIUM FLUORIDE

#### **DIABETES**

GLIPIZIDE  
METFORMIN  
NOVOLOG  
TRADJENTA

#### **DIURETICS (WATER PILLS)**

CHLORTHALIDONE  
FUROSEMIDE  
HYDROCHLOROTHIAZIDE

#### **OSTEOPOROSIS**

ALENDRONATE  
IBANDRONATE

#### **RESPIRATORY**

ADVAIR  
FLOVENT HFA  
MONTELUKAST

#### **SMOKING CESSATION**

CHANTIX  
NICOTINE TRANSDERMAL

#### **WEIGHT LOSS**

PHENTERMINE  
XENICAL

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For a complete list of qualifying preventive drugs, check your formulary in Rx Corner at [www.cdphp.com](http://www.cdphp.com). Drugs that qualify will have the indicator “PD” shown in the listing.

*Highlighted medications are part of the CDPHP Rx for Less program.*

*Products on this list must be obtained at a network pharmacy in order to bypass the deductibles.*

*\* Does not apply to the standard bronze plan for small groups and individuals, or individual catastrophic plans.*

## How was the CDPHP Preventive Drug List developed?

The CDPHP Preventive Drug List is made up of medications that CDPHP, guided by our clinical pharmacy department, has determined may prevent the onset of a disease or condition when taken by a person who has developed risk factors for the disease or condition that has not yet manifested itself or has not become clinically apparent, or may prevent the recurrence of specific diseases or conditions from which a person has recovered.

## Other Guidelines for the CDPHP Preventive Drug List

Medications on the CDPHP Preventive Drug List are subject to formulary and tier status, as well as pharmacy management programs such as prior authorization, step therapy, and/or quantity limits. For more detailed information about coverage and tier information, refer to the prescription drug formulary information online at [www.cdphp.com](http://www.cdphp.com).

This is not a guarantee of coverage. To verify your benefits, limitations, and exclusions, please check your contract and formulary. The CDPHP Preventive Drug List is subject to change based on decisions made by our clinical pharmacy department.

For more information, contact the member services department at the phone number listed on the back of your member ID card.

## Save Even More: 100 Pills for as Little as \$1

All of the highlighted prescriptions in the CDPHP Preventive Drug List are part of the CDPHP Rx for Less program, an offering for all CDPHP members with a prescription rider. The program gives you a deep discount on specified generic drugs when purchased at CVS/pharmacy (including those located inside Target), Hannaford, Market 32/Price Chopper, ShopRite, or Walmart, beating the prices of many other drug club programs by 90 percent! Visit [www.cdphp.com](http://www.cdphp.com) for a full list of drugs in the Rx for Less program.

## A Note About Health Reimbursement Arrangements (HRAs)

If your employer offers an HRA that reimburses your medical deductible only, please keep in mind that the preventive drugs are carved out of your medical deductible so you will not be able to use HRA funds to pay for them.

Some groups have an HRA that will pay for both prescription and medical expenses. Such an HRA can be used to pay for preventive drugs, but these payments will not be credited towards the deductible.

