The Capital Region’s Top-Performing Primary Care Practices

For more than a decade, CDPHP has partnered with primary care doctors who have proven they can provide better, more comprehensive care to their Capital Region patients.

These doctors – all part of the CDPHP Enhanced Primary Care (EPC) program – have taken high-quality care and patient satisfaction to the next level.

To celebrate their success, CDPHP is releasing key performance data, as well as the results of patient experience surveys, to show which local doctors have risen to the top.
The Best of the Best

Congratulations to the following primary care practices that have met the health plan’s rigorous standards for quality, efficiency, and patient satisfaction.

Adirondack Pediatrics, PC
Bridge Street Medical Group – Eugene P. Heslin, MD, PC
CapitalCare Family Practice Ballston Spa
CapitalCare Family Practice Berne
CapitalCare Family Practice Charlton
CapitalCare Family Practice Clifton Park
CapitalCare Family Practice Guilderland
CapitalCare Family Practice Niskayuna
CapitalCare Family Practice River Road
CapitalCare Family Practice Rotterdam
CapitalCare Family Practice Slingerlands
CapitalCare Internal Medicine Balltown Road
CapitalCare Internal Medicine Nott Street
CapitalCare Internal Medicine River Road
CapitalCare Pediatrics Albany
Columbia Memorial Hospital – Kinderhook Medical Care
Columbia Memorial Hospital – Windham Medical Care
Community Care Physicians, PC – Capital Healthcare Associates
Community Care Physicians, PC – Internal Medicine – Delmar
Community Care Physicians, PC – Latham Internal Medicine
Community Care Physicians, PC – Latham Medical Group
Community Care Physicians, PC – Niskayuna Internal Medicine
Community Care Physicians, PC – Office of Dr. Barats
Community Care Physicians, PC – Office of Kathleen Downey, MD
Community Care Physicians, PC – Schodack Internal Medicine and Pediatrics
Eugene Merecki, MD, PC, dba, Malta Family Medicine
Giombetti & Brady Pediatrics
Glens Falls Pediatric Consultants, PC
Goe Family Practice, PLLC
Irongate Family Practice Associates, PLLC
John M. Pramenko, MD, PC
Kathleen M. Catalano, DO
Lansingburgh Family Practice, PC
Oldendorf Medical Services
Riverview Pediatrics
Sanjay Taneja, MD, dba, Grand Medical & Pediatrics
SPHPMA – Riverside Medical Center (Angert)
SPHPMA – St. Peter’s Internal Medicine (Bodnar)
SPHPMA – St. Peter’s Internal Medicine (Fera and Rimash)
SPHPMA – St. Peter’s Internal Medicine (Pesquera and Quimby)
Troy Family Physicians
Lansingburgh Family Medicine No. 1 in the Region

When it comes to high-quality care, Lansingburgh Family Medicine has earned the health plan's top spot, proving that smaller, independent medical practices can succeed at value-based care.

Dr. Adetutu Adetona is the owner of Lansingburgh Family Medicine. Born and raised in Nigeria, she moved to Troy, NY, in 1995 where she runs the 2,000-patient practice whose clientele is primarily Medicaid. With limited resources and a staff of just three employees, Lansingburgh Family Medicine has become the highest performing primary care practice in the Capital Region.

“I don’t allow myself to get distracted by the latest drug or test. I only prescribe medicine if I think it will help my patients.”

Adetutu Adetona, MD
CDPHP Enhanced Primary Care Physician
When it comes to health care, CDPHP understands that little things make a big difference. Like, how easy is it to get an appointment? Or, how long are you stuck in the waiting room? We’ve done the homework and compiled a list of local doctors who go out of their way to please you!

Schedules appointments quickly

1. SPHPMA - St. Peter’s Internal Medicine (Dr. Fera and Dr. Rimash)
2. Columbia Memorial Hospital - Kinderhook Medical Care
3. John M. Pramenko, MD, PC
4. Sanjay Taneja, MD, dba, Grand Medical & Pediatrics
5. CapitalCare Family Practice Ballston Spa
6. Riverview Pediatrics - Troy
7. Samaritan Hospital - Riverside Family Medical Group
8. Goe Family Practice, PLLC
9. Oldendorf Medical Services
10. Troy Family Physicians
11. CapitalCare Family Practice Clifton Park
12. CapitalCare Internal Medicine Balltown Road
13. CapitalCare Family Practice Niskayuna
14. CapitalCare Internal Medicine Nott Street
15. Irongate Family Practice Associates, PLLC
16. Glens Falls Pediatric Consultants, PC
17. CapitalCare Family Practice Charlton
18. Community Care Physicians, PC - Niskayuna Internal Medicine
19. Community Care Physicians, PC - Capital Healthcare Troy
20. CapitalCare Family Practice Guilderland

100% rating
Less time spent in waiting rooms

1. Columbia Memorial Hospital - Windham Medical Care
2. CapitalCare Family Practice Ballston Spa
3. Community Care Physicians - Office of Kathleen Downey, MD
4. CapitalCare Pediatrics Albany
5. CapitalCare Family Practice Charlton
6. CapitalCare Internal Medicine River Road
7. Glens Falls Pediatric Consultants, PC
8. Goe Family Practice, PLLC
9. Eugene Merecki, MD, PC, dba, Malta Family Medicine
10. Samaritan Hospital - Riverside Family Medical Group
11. John M. Pramenko, MD, PC
12. Community Care Physicians, PC - Capital Healthcare Troy
13. CapitalCare Internal Medicine Nott Street
14. Giombetti & Brady Pediatrics
15. Irongate Family Practice Associates, PLLC
16. Riverview Pediatrics - Troy
17. Community Care Physicians, PC - Dr. Barats’ Office
18. CapitalCare Family Practice Clifton Park
19. Sanjay Taneja, MD, dba, Grand Medical & Pediatrics
20. SPHPMA - St. Peter's Internal Medicine (Dr. Bodnar)

“It’s amazing. I look forward to work every day because I can come in and we can see patients, as well as look toward the future of how primary care really should be, and should be accessed by patients.”

Holly Cleney, MD
CDPHP Enhanced Primary Care Physician
Likely to recommend to family and friends

1. Troy Family Physicians
2. Eugene Merecki, MD, PC, dba, Malta Family Medicine
3. SPHPMA - St. Peter's Internal Medicine (Dr. Fera and Dr. Rimash)
4. Adirondack Pediatrics, PC
5. CapitalCare Pediatrics Albany
6. Eugene P. Heslin, MD, PC
7. John M. Pramenko, MD, PC
8. CapitalCare Family Practice Ballston Spa
9. Riverview Pediatrics - Troy
10. Columbia Memorial Hospital - Windham Medical Care
11. Goe Family Practice, PLLC
12. CapitalCare Family Practice Guilderland
13. CapitalCare Internal Medicine Nott Street
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15. Community Care Physicians, PC - Capital Healthcare Troy
16. Community Care Physicians, PC - Niskayuna Internal Medicine
17. Giombetti & Brady Pediatrics
18. CapitalCare Family Practice River Road
19. Glens Falls Pediatric Consultants, PC
20. Community Care Physicians, PC - Dr. Barats' Office

“We believe that if patients are going to be at the center of health care, physicians need to be at the center of health insurance.”
- John Bennett, MD
President and CEO, CDPHP

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**About CDPHP Enhanced Primary Care (EPC)**

Launched in 2008, EPC has revolutionized the field of primary care medicine in New York’s Capital Region. Most notably, the program has changed the way local doctors are reimbursed for care. Instead of paying doctors each time they see or treat a patient (this is called fee-for-service), the CDPHP model reimburses doctors for the quality of care they provide. This is called “value-based payments” and it allows doctors the freedom to spend more time with patients, encourages electronic communications, and emphasizes care coordination.

CDPHP also provides EPC practices with the opportunity to embed case managers and pharmacists within their practices. These added resources help physicians coordinate patient care and provide comprehensive medication reviews, thus freeing up time for physicians.
A recent study of the EPC program showed that it produced an impressive $20.7 million in savings, all while improving the quality of care for hundreds of thousands of patients. In addition to cost savings, the program yielded impressive quality results, as these practices showed significant improvements on a series of quality measures that included breast and colorectal cancer screenings, childhood immunizations, childhood well visits, and more.

The program currently includes 203 primary care practices, with more than 800 clinicians who deliver services to more than 250,000 CDPHP members.
Discrimination is Against the Law
CDPHP® complies with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

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ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-888-248-6522 (TTY: 711)

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To learn more about Enhanced Primary Care, visit www.cdphp.com/epc.